# Learning Activities

1. Think back to your childhood, to when you learned a new motor skill. How did you master the skill? What happened when you had to perform the skill under stressful conditions? What strategies did you use to perform the skill at a high level?
2. Observe an O&M lesson with a child with cortical visual impairment. Note any teaching strategies discussed in this chapter that the O&M specialist uses with the child.
3. Observe a vision therapy session with a child with cortical visual impairment or traumatic brain injury who has cortical loss. Note the goals the vision professional emphasizes during the session. Discuss any improvements in the child’s visual functioning as a result of the therapy.
4. The next time you get lost while driving in your car, notice how you instinctively turn down the radio before trying to figure out the correct route. Why do you think this is? What are the implications of this action for students on an O&M lesson?