# Learning Activities

1. Interview an O&M specialist about their job. Note the positive aspects of the job and the challenges they face.
2. Observe a child with a visual impairment participating in an O&M lesson in their home or school. Write a one- or two-page paper about what occurred during the lesson and the effective teaching strategies the O&M specialist used.
3. Identify and describe how O&M services are provided in your local community. If O&M services are not available, find out where in your state children who are blind or visually impaired can receive these services.